

**“WE ARE PUTTING ON FUN ACTIVITIES  
FOR FAMILIES IN OUR TOWN”**

**Anna and Zoe from Sale organised the Sale Footprint Trail**

**“HE WAS REALLY PLEASED  
WHEN I TOOK A MEAL ROUND”**

**Emma from Urmston helps her neighbours**

**“I AM HELPING TRANSFORM  
PARTINGTON, ONE PARK AT A TIME”**

**Adele from Partington set up Friends of Oak Road Park**



You can make a big difference to the lives of your friends and neighbours, and yourself, by being more active, joining a local group, volunteering, setting up a social enterprise or simply by being more neighbourly.

There is more than one way to Be Bold.  
What is yours?

**BE BOLD.  
BE THE DIFFERENCE.**



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For more information:  
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